



Contra Costa County Football Officials Association

Orientation to Football Officiating – Part 2

Looking the Part

Officials Uniform

- Normal Uniform - Entire Crew Must be Dressed alike
 - “NCAA” Wide Striped Shirt (short AND long sleeve)
 - Black Pants with white stripe
 - Black Shoes (minimal white accents allowed)
 - Black “baseball style” Piped Hat (White for Referee – second year officials should have one)
 - Plain Black Belt (1-1/4 to 2 inches wide)
 - Black Socks
 - Black Undershirt
- Hot Weather
 - Black Shorts with Belt (5-inch in-seam)
 - NOT Gym Shorts
 - Black crew socks (mid-calf)



Equipment

- Whistle (Black with pea) and Lanyard
- Finger Whistle Optional
- Spare whistle in pocket
- Gold Penalty Flag (Weighted)
- Bean Bags (Suggest white, blue and black – you need 2 on field)
- Game Card and Writing Instrument
- Black Down Indicators for Wrists (2)
- “Clip” (Head Lines for use with Chains) – Buy 2
- Watch with count down timer (apple watch works)
- Black “Belt” Towel (Umpire for wet days)
- Coin to Flip (Referee / Umpire has the spare)



Acquiring Uniform and Equipment

- Where do I get my gear?
- Your Choice – CCFOA does not endorse
- During COVID Online at an reputable vendor (one such is):
 - <http://www.honigs.com/>

Your Appearance

- Uniform to be clean and wrinkle free
- Shoes shined
- Come to game looking sharp – not like you just rolled out of bed
- No jewelry except a wedding band (Med-Alert OK)
- Sunglasses - “Professional looking”
 - Frowned on if non-prescription and gaudy
- Facial Hair - Your choice but either
 - Fresh shave
 - Neatly groomed

Coming Dressed vs. Dressing at Site

- Youth – Come Dressed
- Frosh – Come Dressed
- JV – Generally dress at site
- Varsity – Generally dress at site
- Do NOT be dressing in the parking lot

Professionalism

- What does this mean?
- Look the part – You are judged from the moment you take the field
 - Clean uniform worn properly
 - Personal Appearance
 - Physical Conditioning
- Act the part (Businesslike, Approachable, Not over friendly, Don't clown around)
- Use of Alcohol or Marijuana/THC (**NEVER** on game day; OK in light moderation night before game)
- No gum, no tobacco, no vaping
- Snack Shacks – You are owed ZERO freebies
- Someone is always watching (and probably recording) you

Expectations from your Fellow Officials

- Be punctual
- Be prepared
 - Know “Rookie Rules”
 - Know “Rookie Mechanics”
- Come with all your gear and proper uniform
- Leave the ego in the car
- Don’t make stuff up – ask questions if you don’t know
- Listen to advice – you will get a lot of it
- Don’t be over sensitive – you are the new kid on the block
- Communicate
- **Hustle, Hustle, Hustle**