

2016 Preseason Study Guide Rules

No.	Rule	Answer / Notes	Situation
1.	10-2-5, 9-4-1	False. Since both dead ball fouls have the same distance enforcement, the distance penalty offsets. Touchdown for A, try from the 3 yard line. A45 ejected for fighting, B53 may be ejected if the spearing foul is deemed to be flagrant.	2 nd and goal on B's 3 yard line. On a running play, A45 crosses the goal line and is tackled in the end zone. While on the ground, B53 spears A45. A45 strikes B53 with a closed fist in retaliation. Touchdown for A, dead ball fouls enforced on the try in order of occurrence. A45 ejected for fighting.
2.	4-2-3(a)	False. Since the ball should have remained live until it crossed the end zone, this situation should be ruled as an inadvertent whistle. Since it occurred during a loose ball play, the ball is returned to the previous spot, with the down replayed.	Team A, 4 th and 8 on B's 15 yard line lines up to try a field goal. The back judge blows his whistle the instant the ball is kicked. The kick is partially blocked and rolls into the end zone. Touchback, B's ball, 1 st and 10 at its own 20 yard line.
3.	2-27, 6-3-1(a)	False. Even though the ball touched R25 first, it was never possessed prior to rolling into the end-zone. The kick was the impetus that put the ball into the end zone. Once crossing the goal line, the ball becomes dead. Touchback, K ball 1 st and 10 at its own 20 yard line.	4 th and 10. Scrimmage kick, which passes the line of scrimmage, bounces off R25's facemask at his own 5 yard line. Ball rolls into R's end zone where K50 recovers. Touchdown for K.
4.	10-2-2(b)	False. The foul by B occurred after the change of possession. B gained possession with "clean hands." In order to keep possession, B must decline the penalty for illegal motion. The block in the back after the change in possession is enforced from the spot of the foul. B's ball first and 10 at their own 45 yard line.	1 st and 10 for A on their own 30 yard line. A45 in motion moves toward the line of scrimmage prior to the snap. A's pass attempt is intercepted by B23 at the 50 yard line. During the return B45 blocks A50 in the back at A's 45 yard line. Since there was a foul on both teams during the play, the ball is returned to the previous spot, and the down replayed.

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5.	6-2-5	False. Since the scrimmage kick was first touched by K at R's 30 yard line, R has the right to take possession of the ball at the spot of first touching. R ball, 1 st and 10 at their own 30 yard line.	A scrimmage kick is touched by K83 at R's 30 yard line. R45 picks up the loose ball and advances to K's 20 yard line, where the ball is fumbled and recovered by K44. K ball, 1 st and 10 at K's 20 yard line.
6.	7-2-5(b) exception 1	True, since Team A is lined up in a scrimmage kick formation. The snapper must be between the ends, and is an ineligible receiver.	3 rd down. Team A lines up in a scrimmage kick formation with A85 is lined up as the snapper. There are 4 members of A with numbers 50 – 79 on the line of scrimmage. Legal formation.
7.	7-2-5(b)	False. This is an illegal formation, which is a live ball foul. B has the option of accepting the result of the play, or having the penalty enforced 5 yards from the previous spot, and the down replayed.	Having less than 5 members of A with numbers 50 – 79 on the line of scrimmage, when not 4 th down, or in a scrimmage kick formation is a dead-ball foul, enforced 5 yards from the previous spot.
8.	6-2-5, 10-2-2(b)	False. Since R fouled during the play, the right to take the ball at spot of first touching is cancelled. The foul by R occurred prior to the change of possession, therefore K must decline the penalty to keep the ball. K ball, 1 st and 10 at its own 25 yard line.	4 th and 10 at K's 15 yard line. Scrimmage kick is touched by K50 at K's 47 yard line. R23 picks up the loose ball and advances to K's 25 yard line, where the ball is fumbled and recovered by K15. During the return, R45 blocks K65 below the waist at K's 28 yard line. Since the kick was first touched by K, R has the right to take the ball at the spot of first touching. R ball first and 10 at K's 47 yard line
9.	6-1-4	False. There must be a minimum of four players to each side of the kicker at the time of the kick, not the time of the Ready. This is a legal play.	K lines up for a free kick after a touchdown. There are three players to the right of the kicker. All players are within 5 yards of the free kick line. As the kicker approaches the ball, one K player moves from the left side of the kicker to the right. Illegal formation penalty, enforced 5 yards from the previous spot.
10.		False. In 4-man mechanics, the Head Linesman has kicker/holder responsibility and the Referee is responsible for good/no good, with LJ helping with over/under.	Using 4-man mechanics, the Head Linesman has responsibility for over/under on a PAT, and the Referee has kicker/holder responsibility.

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11.	7-5-2(e), exception	False. This is intentional grounding. Time can be conserved in this manner only when taking a direct hand-to-hand snap. Penalized 5 yards from the previous spot and loss of down. What is the clock status?	Quarterback A1 takes a snap in a "shotgun" formation, 3 yards behind the line of scrimmage, and intentionally throws the ball forward into the ground to conserve time. Legal Play.
12.	7-2-7	False. Since A82 never established himself in the backfield prior to going in motion, A80 remains ineligible. There are two fouls on the play. Illegal motion since A82's motion was less than 5 yards behind the line of scrimmage. This penalty will likely be declined. Since ineligible A80 caught the forward pass, the penalty for illegal touching shall be enforced 5 yards from the previous spot, and a loss of down. 4 th and 15 at A's 37 yard line.	3 rd and 10 at A's 42 yard line. A80, lines up as a tight end, is covered by wide receiver A82. A82 directly goes in motion 3 yards behind the line of scrimmage. A80 catches a forward pass 10 yards beyond the line of scrimmage and is tackled immediately. Since A82 went in motion, A80 was uncovered and became an eligible receiver. Legal play, 1 st and 10 for A at B's 48 yard line.
13.	CB 8.3.1	False. There is no choice. A shall attempt a try, or at least snap the ball. Taking a knee in this case would be a good option.	Team A has a huge lead and on the final play of the game scores another TD. The captain of A informs the referee that his team does not wish to attempt the try. Team A may elect to not attempt the try.
14.	RB 7-5.6b	True	All A players become eligible when B touches a legal forward pass.
15.	CB 4.1.5	False. Ball is live.	A forward pass strikes a game official standing inbounds, after which it rebounds into the air and is caught by A1 or B1. Ruling: Immediate dead ball, no catch.
16.	RB 5-3.2	False. Referee's judgement.	A measurement may be requested by the captain prior to the ball being marked for play. If requested, the referee must proceed with a line to gain measurement.
17.	RB 7-5.2d	True	Intentional grounding results in a 5 yard penalty from the spot of the foul and loss of down.
18.	RB Table 3-1	True	The three minute warm up period after half time is mandatory.

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19.	RB 6-5.3	True	R88 signals fair catch but the kick is caught by his teammate, it is no longer a fair catch but the ball becomes dead.
20.	RB Appendix E	True	The minimum amount of time that play will be suspended for following the last sounding of thunder or sighting of lightning is 30 minutes.
21.	RB 2-31.2	True	The initial direction determines whether a pass is determined to be forward or backward.
22.	RB 7-2.5a,b	False. At least five of the A players on the line of scrimmage must be numbered 50-79.	At the snap at least seven A players must be on the line of scrimmage. At least five A players must be numbered 49-79.
23.	RB 9-4.1	True. Throwing a punch whether landed or not is considered fighting and results in an ejection.	A20 after the ball becomes dead tries to punch B40, but misses. Eject A20 for fighting.
24.	CB 9.4.1	True. Force and impact of push will determine whether B44 is disqualified. Does this foul constitute a USL on the head coach?	After completing the catch, receiver A12's momentum carries him into B's box, where non player B44 pushes A12. Non player B44 should be flagged for a 15 yard personal foul penalty assessed from the succeeding spot.
25.	RB 8-4.1c	False. The ball must cross inside the uprights.	On A's field goal try, the ball sails over the top of the upright with $\frac{3}{4}$ of the ball inside the upright. Ruling: FG is good since most of the ball was inside the upright.
26.	RB 5-1-1 Resolving Tied Games	True	It will always be goal to go in overtime.
27.	RB 3-1 Notes	True	Half time intermission may not be less than 10 minutes and not exceed 20 minutes.
28.	RB 4.2.2a (exception)	False, this is not a penalty and the TD stands. What happens when the QB tells the R he will take a knee, but fakes it and runs?	With Team A leading by one point and the game clock running with 10 seconds left in the 4 th period, A11 takes the snap and fakes placing his knee on the ground. A11, then, sweeps around right end and runs for a TD. This is deception and is illegal.
29.	RB 9.4.4	True, because the end of the play was behind the line of scrimmage, the penalty is enforced from the previous spot.	A's first and 10 on team A's 30 yard-line. A12 is roughed by B59. A83 catches the pass and is downed on team A's 28 yard-line. This roughing penalty will be assessed from the previous spot and it will be A's ball First and 10 from the A-45.

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30.	RB 8.5.3c	False, this results in a touchback. It will be Team B's ball first and 10 at the B-20 yard-line. What if B28 attempts to advance the fumbled ball but is tackled by A80 before he gets out of the end zone?	A's ball, first and 10 at the A-20. A83 catches a legal forward pass at the 50 yard-line and is advancing toward team B's goal-line. B24 is able to catch A83 and punches the ball loose at the B-3 yard-line. The ball rolls into the end zone and is recovered by B28, he is hit immediately and fumbles the ball out of the back of the end zone. This is a Safety and scores 2 points for Team A.
31.	RB 1.2.4, 2.13.2 and 8.5.2b	True, when the pylon is properly placed and the impetus that caused the ball to make contact with the pylon was a fumble. The play is a Safety (out of bounds in the end zone).	B55 intercepts a pass at his own 6 yard-line. After taking a few steps, he is hit by A79 and fumbles the ball. The ball hits the pylon, which is properly placed on the goal-line. This will result in a safety for A and give Team A two points.
32.	RB 10.6	False, this penalty is assessed under the 3 and 1 principle and will be enforced from the spot of the foul at the A-37. This will give A, first and 23 from the A-27. The clock starts on the snap.	A's ball, first and 10 at the A-40. A11 takes the snap and advances the ball to the A-49 yard-line before running out of bounds. During the run, A23 is flagged for holding B89 at team A's 37 yard-line. This will be a 10 yard penalty assessed from the end of the run. A's ball first and 11 at the A-39.
33.	RB 7.5.4 and RB 10.6	True, B intercepted the ball with clean hands and can decline the illegal pass penalty to retain the ball. The penalty on B is enforced from the spot of the foul.	A's ball, second and 10 at the A-30 yard-line. QB, A15 runs to the A-32 and throws a forward pass. B22 intercepts the ball at A's 40 yard-line and returns it to Team A's 30 yard-line. During B22's run, B66 clips A88 at A's 35 yard-line. Even though this is an illegal forward pass Team B can retain the ball and have a first down at the 50 yard-line.
34.	RB 7.5.13	True	First and 10 on team A's 20 yard-line. Before A1's legal forward pass crosses the neutral zone, ineligible A65 is downfield. A1's pass is tipped behind the neutral zone by eligible A24 and continues in flight into the arms of A65 who drops the ball at A's 26 yard-line. This touching by A24 does not make A65 eligible and Team A will be flagged for illegal touching.
35.	RB 6.2.6. & 2.28.2	False (R's touching was in the expanded NZ and is ignored-R's ball at K's 33)	Fourth and 10 on team K's 20 yard-line. K1's low, line-drive punt is tipped by R51 at team K's 22 yard-line. The ball rolls to team K's 33 yard-line where it is recovered by K81. This will be team K's ball, 1 st and 10 at K's 33.

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36.	CB 7.5.12a	False (Ineligible downfield)	Ineligible A76 goes downfield 4 yards. Realizing that the pass is to be thrown deep, A76 returns to an area behind the LOS. QB, A1 then, throws a legal forward pass that crosses the neutral zone to A88. There is no foul on this play as A76 was behind the LOS before the pass was thrown?
37.	RB 7.4.2	False(Numbers 50-79 can line up in the backfield and catch a backward pass to advance.)	First and 10 at team A's 20 yard-line. A70 is lined up in the backfield behind and to the left of QB A11. A70 catches a quick pass from A11 and advances to team A's 27 yard-line where A70 is tackled. This is a foul on Team A, only players wearing numbers 1-49 or 80-99 may line up in the backfield.
38.	RB 3.4.3a & 7.4.3	True	Team A has the ball 3 rd and 10 on B's 20 yard-line. They are trailing by four points and the clock is running with 15 seconds left in the 4 th quarter. They have no timeouts. QB A10, takes the snap and intentionally throws a backward pass that goes out of bounds at team B's 24 yard-line. Even though, A is trying to conserve time with no timeouts, this is a legal play and A will have 4 th and 14 at B's 24 yard-line.
39.	RB 7.5.10	False, Interference rules go in force at the snap and A81's block for B29 downfield is offensive interference. The fact that the ball was batted down is of no consequence. This is a 15 yard penalty enforced from the previous spot. (A's 1 st and 25 from the A-15)	Team A has the ball, first and 10 from their own 30 yard-line. Before, QB A4 can release a legal forward pass, A81 initiates a block against B29 on team A's 40 yard-line. A4's pass is batted down by B61 at team A's 38 yard-line. Because the pass was batted down by the defense, there is no foul to enforce.
40.	RB 9.4.4	True (B did not receive the ball with "clean hands" and the penalty is 15 yds, previous spot, first down)	First and 10 at team A's 30 yard-line. QB, A11 drops back to pass and B95 is flagged for roughing the passer after A11 releases his forward pass. B22 intercepts the pass and on the return, fumbles the ball at A's 35 yard-line where a A66 recovers the ball and is immediately tackled. The result is that Team A will have the ball 1 st and 10 at A's 45 yard-line.

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41.	RB 6.1.8	D. Flanks go to coaches immediately and ask which option they want. Relay that decision back to R and U.	A free kick shall not be kicked out of bounds between the goal lines untouched inbounds by R. If it is, R has the following choice: A. Accept a 5-yard penalty from the previous spot and have K re-kick. B. Put the ball in play at the inbounds spot 25 yards beyond the previous spot. C. Decline the penalty and put the ball in play at the spot it went out of bounds. D. Any of the above.
42.	RB Penalty Summary	E. Where is the enforcement spot of each?	Which of the following fouls by A are penalized 5 yards and include a loss of down: A) Illegal touching of a forward pass by an ineligible. B) Intentional grounding. C) Illegally handing the ball forward. D) An illegal forward pass. E) All of the above.
43.	RB 8.3.5	True	Team A scores a touchdown on their very first possession of overtime. On A's try, team B is flagged for roughing the kicker. A's kick was successful. Team A will have two options on this foul. They can accept the point and have the penalty enforced on B's overtime possession or team A can choose to have the penalty assessed from the previous spot and replay the down.
44.	RB 2.4.3	False. Play is dead immediately when players land on ground. In dual possession, ball remains with offense.	Forward pass caught simultaneously in the air by A83 and B21. Both players fall to the ground with dual possession. After hitting the ground, B rips the ball away and has sole possession. Interception for B.
45.	RB 2.4.1	True. Discuss defensive player intent to defend player vs ball.	Deep forward pass toward A83. B21 runs toward A83, looking at the WR and not the ball. A split second after the ball touches A83, B21 runs into A83 causing the ball to drop to the ground. Incomplete pass.
46.	Point of emphasis: Sportsmanship	True or False?	B23 makes a hard, legal tackle on A80. A80 remains on the turf injured. Flank official overhears an assistant coach congratulating sideline players for hurting A80. This constitutes a USL penalty against the head coach.
47.	RB 9-8 Penalty	True	A disqualified member of the coaching staff shall be removed from the stadium area and be prohibited from <u>any</u> further contact - direct or indirect, with his team during the remainder of the game.

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48.	RB 7-4-2	True	Assuming a legal formation, any player wearing numbers 50-79 may line up in the backfield to receive a backwards pass.
49.	RB 7-5-12	False – all A players are eligible only if the initial touch is by a team B player. Penalty will be assessed to Team A for having an ineligible player downfield.	A72 is illegally downfield when A1's legal forward pass is slightly tipped at the line of scrimmage by A64 and then by B66. The tipped ball is caught by A72, who proceeds into the endzone. Touchdown for A.
50.	RB 9-4-3 l	True – Foul on A87 and B56 must also leave the field for one play. At the discretion of the official, the act by A87 could also be judged as flagrant.	B56's helmet comes completely off during an attempt to move past A56 within the free blocking zone. After disengaging, A87 delivers an otherwise legal block on B56 to create a hole for runner A32. Illegal contact by A87.
51.	RB 8-3-3	False – Only Team A may score during a try.	During a try following a touchdown by team A, player B1 blocks the attempt, picks up the ball and returns the ball to B's endzone. Score for team B.
52.	RB 9-3-8c	False – once the receiving team has initiated a block within the neutral zone, the kicking team may initiate contact.	During a free kick initiated from K's 40 yardline, R7 engages K3 with a block at K's 48 yardline. K2 then blocks R4. Foul on K2 for illegal contact within the neutral zone as the ball has not traveled the required minimum 10 yards.
53.	RB 1-1-11	False - A protest of an NFHS rule isn't recognized.	A coach vehemently disagrees with a ruling on the field and declares that he intends to file a formal protest with the league. R must acknowledge the coach's request and allow him to formally challenge the ruling on the field.
54.	RB 7-5-9c	True	Pass interference restrictions on a legal forward pass end for all B players when the pass has been touched by any player.
55.	RB 7-2-5-b1	True – Any A player numbered 1-49 or 80-99 may take the position of any A player wearing numbers 50-79 assuming an initial position on the line of scrimmage between the ends.	During a scrimmage kick on fourth down, team A has only three players wearing numbers 50-79 on the line of scrimmage. This is OK.
56.	RB 9-8-3	False - no coach, player or non-player may be in the restricted area when the ball is live. A maximum of three coaches are allowed in the restricted area between plays.	Only the head coach (or designee) may be in the restricted area during a play, but in-between plays a maximum of three coaches are allowed in the restricted area.

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57.	RB 10-2-5	False - The fouls do not offset and the penalty for the coach's foul is also enforced.	Player B4 commits a dead-ball personal foul. After the Referee signals and the penalty is enforced, but before the next live ball, Team A's coach is flagged for unsportsmanlike conduct. These dead ball fouls will offset.
58.	RB 7-5-1	True	Third and 10 for Team A from team B's 20 yardline. Quarterback A1 runs to team B's 16 yardline, and then retreats to B's 26 yardline where he throws a forward pass that is caught by eligible A89 in the endzone. Touchdown for Team A.